



## WADING RIVER FIRE DISTRICT BOARD OF FIRE COMMISSIONERS

### *5.5 Physical Examination & Physical Fitness Policy*

#### **OBJECTIVE:**

Physical Examination - The Wading River Fire District shall maintain a physical examination program, mandatory to the active members of the Wading River Fire Department.

Physical Fitness - The Wading River Fire District currently maintains a physical fitness program, optional to the active members of the Wading River Fire Department.

#### **DEFINITION:**

NFPA-National Fire Protection Agency.

#### **POLICY:**

##### Physical Examination

1. The fire district shall evaluate options for physical examinations in accordance with the recommendations of NFPA 1582 and award annually at the organizational meeting, a certified vendor(s) to perform such physical examinations. This does not prevent the fire district to change a vendor(s) or modify an agreement at any time during a calendar year.
2. All active members of the Wading River Fire Department shall complete and pass a physical examination annually, given by the fire district physician, in the respective class of membership they hold.
3. All new and active members of the Wading River Fire Department shall complete and pass a physical examination annually, given by the fire district physician, in the respective class of membership they hold.
4. Only the individual member whose physical examination was conducted shall view the medical documents from such physical examination. The fire district & chief of the fire department shall only be notified of a pass or fail status.
5. Any active member or candidate for active membership that does not pass a physical examination, shall have the right to appeal the results, taking any necessary actions of their own at their own costs. The physical examination by the fire district physician still must be passed. During the period of an appeal, the member shall not respond to any calls or participate in any fire department functions.

6. Any member who refuses to cooperate with the District Physician during the examination or his/her subordinates, shall be immediately taken offline until such examination can be conducted in a cooperative fashion. A member shall have up to 15 days to participate/cooperate in a physical examination. Failure to do so can result in discipline action up to termination.

#### Physical Fitness

1. The fire district currently does not maintain any physical fitness equipment on any properties owned by the fire district, but supports physical training as outlined and recommended under NFPA 1583.
2. The fire district shall evaluate options for physical fitness vendor(s) annually and enter into agreement with same, as is practical for the best interests of the fire district. The fire district shall consider costs, use by members and location of a facility in effecting this decision. This will not prevent the fire district from making any changes to a program during a calendar year.
3. Only active members of the Wading River Fire Department shall be allowed to participate in a physical fitness program, sponsored and paid for by the Wading River Fire District.
4. All active members utilizing a physical fitness vendor, sponsored and paid for by the fire district, shall be considered to be on-duty and subject to the control of the chief of the fire department.
5. Any member choosing to use the physical fitness vendor shall contact the Chief in writing and be approved by the Chief prior to that member engaging in that activity.

#### RELATED POLICIES

1.4 Active Status Requirement Policy

5.0 Leave Policy

5.6 Drug Free Workplace Policy

5.7 HIPAA Policy

1.12 Disciplinary Procedure Policy

NFPA 1582

NFPA 1583

Adopted by the Wading River Fire District Board of Fire Commissioners on Monday, 03/28/2022 .

Approved

Michal Harrigan Chairman  
Kevin McQueeney, Vice Chairman  
Joseph Moreno, Commissioner  
Matthew Wallace, Commissioner

Abstained

Tim Deveny, Commissioner